



Theme: Groundhog Day/My Team
 Letter: Rr
 Shape: Square
 Color:
 Week 1

Hearts Of Love
 Zz
 Pink
 Week 2

Nutrition
 Review
 Triangle
 Week 3

Community Helpers
 Ii
 Black
 Week 4

Music & Movement

We will sing our ABC's, listen to our Kid's Bop CD, sing "The Wheels On The Bus", shake our sillies out and sing "It's Raining"	We will listen to our workout CD during fitness, listen to animal sounds, sing "I Love You", sing about our bodies and have a dance party	We will dance & sing to our wiggles CD, have a band party, sing "Twinkle, Twinkle" and play freeze dance	We will sing our "Good Morning" song, "Happy & You Know It", play "Freeze Dance" & have a dance party
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Language

We will introduce the letter R, learn about Groundhog's Day, read "Going To The Dentist" and "The Rainbow Fish" and discuss teeth	We will introduce the letter Z, read "Zebra Makes New Friends" and "Mr. Grump's Valentine's Day", learn to sign the letter Z and say "Happy Valentine's Day"	We will review letters Y and G, sign "apple" and "banana", practice saying our friend's names, practice saying our own names and our teachers' names	We will introduce the letter I, discuss about insects, sign the letter I, read "Officers On The Go" and say I words
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Cognitive Development

We will play "Round and Round", count teeth, name the colors in the rainbow, play with peg boards and work with square shapes	We will play the letter Z game, count zebra stripes, use pink hearts to play "Where is pink?", use our number blocks to identify our numbers and have a shape find	We will count apple seeds, discuss healthy foods, play "Happy Tummy/Sad Tummy" and count triangles	We will hunt for the letter I, make a letter I chart, identify insects, use our puzzles, play with white squares and list community helpers
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Fun Fitness/ Motor Skills

We will do morning stretches, play "Red Light, Green Light" & "Ring Around The Rosie" and have yoga class	We will do morning stretches, tunnel play, jumping jacks, butterfly stretches and have yoga class	We will do morning stretches, forward rolls, do log rolls, play with the parachute and have yoga class	We will do morning stretches, walk the balance beam, practice hopping, do jumping jacks and have yoga class
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Creative Sides

We will dot the R, color a tooth, make bunny head bands, have free art and make clouds	We will color a picture of the letter Z, paint a zebra, decorate our Valentine's Day bags, make cards, have free art and paint a picture of healthy food	We will make a triangle collage, paint a triangle, have free art and paint a picture of a friend	We will dot paint the letter I, make insects, make community helper hats, make ice cream and color police badges
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Self Help/Life Skills

We will discuss being kind to our friends, brushing our teeth, practice sharing, practice listening and taking turns	We will practice using our manners, throwing away our trash, pushing in our chairs and washing our hands	We will practice eating with a fork, drinking from a big kid cup, wiping our faces and not sharing food	We will help put out our own lunches, set up our own blankets, keep our hands on our own bodies and say thank you
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Sensory Stimulation

We will explore with our feet, visit with a dentist, clean teeth, finger paint with rainbow colors and make rain	We will sponge paint hearts, play with shaving cream, make puffy pink paint, color sand pink and have a party	We will taste healthy fruits, feel our heart beats, feel food textures, feel warm/cold water and have playdoh time	We will taste ice cream, play in our sensory boxes, explore paint in a bag and make jello
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Character Building Blocks

This week we will be working on being fair and taking turns	This week we will be working on teamwork through various group projects	We will be working on being honest and telling the truth	We will be working on generosity and giving to our friends
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