



Theme: Let it snow! Penguins and Polar Bears Frosty The Snowman Get Out Germs
 Letter: Yy Gg Tt Ss
 Shape: Review Circle
 Color: White Blue
 Week 1 Week 2 Week 3 Week 4

Science & Nature

We will mix milk & food coloring, make fake snowing, discuss the difference between heavy and light objects, talk about how snow is made, and build using sugar cubes	We will learn where polar bears and penguins live, what do you see outside that is white?, learn about the parts of a penguin, G is for gravity, and learn how much 100 really is		
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Language

We will read: "There Was a Cold Lady Who Swallowed Some Snow", learn to say snow in Spanish, read: "A Very Special Snowflake" and "The Snowy Day"	We will introduce the letter Gg, learn how to say penguin in Spanish, read: "Penguins Penguins Everywhere", learn how to say polar bear in Spanish and read: "The Polar Bear And The Snow Cloud"		
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Cognitive Development

We will find objects around the room that start with Yy, trace the letter Yy, cut out snowflake patterns, and separate our shape puzzles into groups	We will practice tracing the letter Gg, count to 10 using our counting bears, play a matching game using our puzzles, pick out white pom poms from our rice bucket, and do our 100th day countdown		
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Fun Fitness

We will do karate kicks, 10 sit-ups, 15 bicycles, 20 second planks, and 10 squats	We will do yoga candlestick pose, bear crawls around the carpet, walk on the balance beam, jog around the playground, and lets try to do 100 jumping jacks		
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Creative Sides

We will make snowflakes using marshmallows, make a yellow collage, make snowflake pictures using salt, make a yak using the letter Yy, and color a Yy worksheet	We will use pom poms to make a gum ball machine, make giraffes using the letter Gg, make penguin handprints, polar bears using paper plates, and let's make 100th day glasses		
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Self Help/Life Skills

We will practice putting our coats on, practice zipping and buttoning our coats, drinking out of a regular cup, practice raising our hands at circle time, and review our manners using flashcards	We will identify our left and right hands, talk about using manners at the table, practice saying please and thank you, throw our garbage away when finished, and talk about healthy eating		
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Sensory Stimulation

We will pretend to have a snowball fight, wash our dress up clothes, make a T.V box, pretend to be a rock star, and have a toy car wash	We will pretend to be polar bears, play house, waddle like a penguin, make a cave to sleep in like a polar bear, and walk in slow motion		
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Character Building Blocks

This week we will be working on being fair and taking turns	This week we will be working on teamwork through various group projects	We will be working on being honest and telling the truth this week	We will be working on generosity and giving to our friends
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